

Barre Loft	MON	TUES	WED	THURS	FRI	SAT	
	9am Barre - Danielle	10:30 am Flexibility - Grayson	9am Barre - Claudia	9:30am Pilates Mat - Jeremy	8am Barre - Sarah S	8am Barre - Sarah S	
		5:30 pm Pilates Mat - Jessi		10:30 am Flexibility - Grayson		9am Pilates Mat - Alli	
Reformer	MON	TUES	WED	THURS	FRI	SAT	SUN
6:00	Reformer AC - Danielle	Reformer+ - Claudia	Reformer AC - Claudia	Reformer + - Claudia			
6:30							
7:00		Reformer AC - Claudia		Reformer + Danielle	Reformer AC - Danielle	Reformer+ - Sarah S	
7:30							
8:00	Reformer AC - Danielle		Reformer+ - Danielle		Reformer+ - Alli	Reformer+ - Danielle	Reformer+ - Alli
8:30		Reformer+ - Jamie		Reformer+ - Claudia			
9:00	Reformer+ - Heather		Reformer+ - Heather		Reformer+ - Danielle	ADV Reformer - Danielle	Reformer AC - Alli
9:30		Reformer+ - Heather		Reformer AC - Jamie			
10:00	Reformer+ - Danielle		Reformer AC - Danielle			Reformer Pure - Alli	Reformer+ - Angela
10:30		Reformer Pure - Susan		Reformer Pure - Susan			
11:00						Reformer Orientation- Sarah	
11:30							
12:00	Reformer Pure - Susan	Jumpboard+ - Jamie	Reformer+ - Susan	Jumpboard+ - Claudia	Reformer+ - Susan		
12:30							
5:00			Reformer AC - Danielle				
5:30		Reformer AC - Danielle		Jumpboard+ - Jessi	Reformer+ - Jeremy		
6:00	ADV Reformer - Danielle		Reformer+ - Debbi				
6:30		Reformer Pure - Jessi		Reformer+ - Angela			
7:00	Reformer+ - Jeremy		ADV Reformer - Danielle				
7:30		Reformer+ - Sarah S					
New Classes and/or Format change		New Cycle classes		New Pilates/Flexibility and stretch classes			